

20
19 | JUNE

LLI Bard College
 Lifetime Learning Institute
SUMMERFEST

COURSE DATES: JUNE 7, 14, 21, 28

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REGISTRATION INFORMATION

**SUMMERFEST CLASSES TAKE PLACE ON THE FIRST FOUR FRIDAYS OF JUNE:
 JUNE 7, 14, 21, 28**

Registration is online only, and is open to LLI members and to members of the community. Classes are filled on a first-come, first-served basis; once a class is filled, it will no longer appear as a choice on the registration form.

REGISTRATION OPENS ON MAY 6, CLOSES ON MAY 17

SummerFest is free for current LLI members; nonmembers may enroll for a fee of \$50 for the four weeks, payable by credit card or PayPal when registering.

TO REGISTER

Go to the Bard LLI website, lli.bard.edu, and follow the instructions for SummerFest registration. All registrations will be acknowledged by email before classes begin.

CLASS LOCATIONS

First and second period classes will be held in Olin Hall on the Bard Campus. Third period class will meet off-campus. Locations and directions will be sent to enrollees.

CONTACT

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FIRST PERIOD

1A. AUTHORITARIANISM AND THE ARTS

Fridays: 9:15 a.m. – 10:30 a.m.

June 7, 14, 21, 28

This course will examine the history of selected authoritarian societies and their relationship to the visual and performing arts, and how authoritarianism and the arts react and influence each other.

Presenter: Chuck Mishaan (LLI) presents a popular classroom series on Opera as Politics at Bard LLI and other area LLIs, is a guest lecturer at Bardavon, and has been a lecturer at the Rhinebeck Chamber Music Society.

Producer: Dorothy Baran

1B. CURRENT CONCEPTS IN MEDICINE

Fridays: 9:15 a.m. – 10:30 a.m.

June 7, 14, 21, 28

The class will provide an overview of current practices in medicine, including diagnosis and treatment of common diseases. Each class will include time for discussion.

Class Limit: 50

Presenter: Michael Weinstock, MD, (LLI) practiced medicine for 50 years, retiring in 2007. He chaired several departments of emergency medicine and taught and mentored physicians. He has written chapters in medical books and led research projects.

Producer: Leslie Weinstock

1C. FOUR ICONIC NYC BUILDINGS

Fridays: 9:15 a.m. – 10:30 a.m.

June 7, 14, 21, 28

This class will provide the inside story on the exterior restoration of the Woolworth Building, Metropolitan Museum of Art, American Museum of Natural History, and New York Public Library.

Class Limit: 30

Presenter: Timothy Allanbrook (LLI) has over 40 years of experience in architectural renovation and preservation. He has directed large-scale award-winning projects that have required specialized tools, analysis, and meticulous hands-on attention in order to diagnose causes of distress and design, and to specify, quantify, and execute thousands of repairs at some of the most iconic buildings of our time.

Producer: Christopher Tavener

1D. MAGIC

Fridays: 9:15 a.m. – 10:30 a.m.

June 7, 14, 21, 28

As an adult have you ever seen a child's eyes light up with wonder at the completion of a magic trick? Have you dreamed of enchanting young and old alike with mysterious effects? Here's a chance to learn!

Presenter: Andy Weintraub is an economist and a magician, having taught economics for 40 years and practiced magic for 65.

Producer: Marge Moran

1E. THE SCIENCE BEHIND ALTERNATIVE HEALTH PRACTICES

Fridays: 9:15 a.m. – 10:30 a.m.

June 7, 14, 21, 28

Four different alternative or complementary health practices will be explored,

starting with the science that supports them. The planned topics are: yoga, Reiki, acupuncture, and nutrition. There will be a guest at each session discussing and demonstrating the actual practice and talking about why someone might choose to investigate different ideas of healing.

Class Limit: 20

Presenter: Linda Legendre (LLI) recently retired after working 40 years as a nurse practitioner in a family practice in Massachusetts. She has a Master's Degree from Simmons College in Boston. She has tried many forms of alternative or complementary medicine herself and often offered her patients the option of adding some of these practices to their own traditional care.

Producer: Linda Legendre

SECOND PERIOD

2A. FELDENKRAIS 2019

Fridays: 11:00 a.m. – 12:15 p.m.

June 7, 14, 21, 28

Feldenkrais "Awareness Through Movement"™ is a mindful, relaxing way to improve how you move. It works through a combination of slowing down, reducing effort, and paying attention to sensation as you are guided verbally through fundamental movement patterns. Daily activities become easier while posture, balance, and breathing get better. An emphasis on individual comfort and ease makes the method especially effective for aging bodies and recovery from sedentary living.

Class Limit: 16

Presenter: Margaret Pierpont, Guild Certified Feldenkrais Practitioner (GCFP), offers group classes and private

sessions in the Rhinebeck area. She has had a lifelong interest in movement, relaxation, and the mind-body relationship, as well as extensive experience in dance, yoga, and meditation. She favors Feldenkrais for keeping her mind and body nimble in retirement.

Producer: Margaret Shuhala

2B. A NEW NUCLEAR ARMS RACE?

Fridays: 11:00 a.m. – 12:15 p.m.

June 7, 14, 21, 28

This course will examine the benefits and successes of the INF (Intermediate-Range Nuclear Forces) Treaty and the consequences of the United States and Russian withdrawals. The fundamentals of nuclear weapons will be reviewed and relevant missile technology explained. The course will explore how political and technological developments have altered the military stability of the global nuclear forces and why this can lead to a nuclear arms race. Lastly, proposals for a new treaty will be presented.

Presenter: D. Michael Simpler (LLI) is a retired airline captain with 38 years of worldwide flying experience with Pan Am and Delta Airlines. He flew frequently to the former Soviet Union and East European communist countries. He has offered courses at Bard LLI, Marist CLS, SUNY New Paltz LLI, and Saugerties Lifespring including Global Aviation, the Cold War, and the Military-Industrial Complex.

Producer: Emily Michael

2C. SCIENCE POTPOURRI 2019

Fridays: 11:00 a.m. – 12:15 p.m.

June 7, 14, 21, 28

Science encompasses a broad range of human activity. Each session of this course will examine a different, interesting, and exciting aspect of science.

June 7: Crystals: A Chemist's Perspective

This class will provide an overview of the different types of crystals that exist in nature, how they are formed, and how their underlying structure affects their varied properties.

Presenter: Patrick DeHaven, PhD, (LLI)

taught chemistry at SUNY New Paltz. He worked for 34 years at IBM, examining molecular structures of semiconductor materials.

June 14: Costa Rica Rainforests and Climate Change

Students will learn the positive impacts they can make on the environment, from cloud forest preservation to gardening with native plants, while learning from lichens and befriending possums. The presenter will share insights from years of research in Costa Rica, including the founding of Cloudbridge, a Costa Rican nature reserve: why cloud forests are threatened; global climate change; the reforestation project; and some of the colorful denizens of the cloud forest.

Presenter: Jenny Giddy is the director of Cloudbridge, which she established in 2002 with her late husband, Ian Giddy.

June 21: Recognizing Chemical Hazards

The class will consider various hazards that everyday chemicals can pose, and how to access and interpret different sources of information regarding these hazards.

Presenter: Patrick DeHaven

June 28: Shocking Events — Electricity in the 21st Century

The class will present the status and challenges of providing electricity in the United States in the 21st century.

Presenter: William Tuel, PhD, (LLI)

studied electrical engineering at RPI. He authored the IBM study “Bulk Power Security,” produced for the Edison Electric Institute.

Producers: Emily Michael, William Tuel

2D. THE SHAPING OF AMERICA

Fridays: 11:00 a.m. – 12:15 p.m.

June 7, 14, 21, 28

This course focuses on the farming and maritime economies in America from their development in the early colonial settlements until the eve of the American Civil War. These endeavors drove America’s rapid territorial expansion and stimulated the worldwide industrial revolution. They influenced concerns, attitudes, pursuits, and conflicts that united and divided Americans, and their effects continue to be felt today.

Presenter: Tom Walker is a graduate of the United States Naval Academy and served in three Navy squadrons as a pilot and legal officer. He has taught at Vassar LLI and Dutchess Community College. He most recently retired as a senior counselor in the New York State Division of Veterans Affairs.

Producer: Emily Michael

THIRD PERIOD

3A. TOURS OF FOUR RHINEBECK PRIVATE GARDENS

Fridays: 1:30 p.m.

June 7, 14, 21, 28

Tours are led by the creators of four definitive, private gardens in Rhinebeck. Each tour is followed by a tea and discussion with participants. Participants will meet at 1:30 p.m. at the garden tour site. Directions and car-pooling options will be communicated after registration.

Class Limit: 15

June 7: Japanese Garden

This Japanese Garden echoes Katsura Garden in Kyoto.

Presenter: Nadine Terk, a painter with a PhD in Japanese art, has studied Japanese gardens extensively through reading, researching, and visiting gardens in Japan.

June 14: National Register Historic House and Landscape

This site has the farm and gardens fully integrated into the landscape.

Presenter: Chris Lipscomb raises vegetables, fruits, and chickens, and makes maple syrup, honey, jams, and wine. The Mansakenning Farmstand sells the full range of Mr. Lipscomb's produce.

June 21: Four Generation Pick Your Own Apples Farm With Private Gardens

The gardens include borders, a vegetable flower melange, and a woodland walk. The property, which has been featured in garden books and magazines, is now protected in a land conservancy under the stewardship of Winnakee Land Trust.

Presenter: Arvia Morris, designer and plants-woman, shares her extensive gardens with Garden Conservancy visitors and preservation tour groups.

June 28: A Village Front and Backyard Garden and Greenhouse

This was created and nurtured by an LLI member whose mantra is "Follow the Light."

Presenter: Dale Bernstein (LLI) is a psychotherapist with a forty-year practice in NYC. She came to Rhinebeck planning to spend weekends creating a garden, an idea that quickly became a passion. She is pleased to share her garden and greenhouse with fellow LLI members.

Producer: Susan Hinkle

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