

**LLI MISSION STATEMENT**

The mission of the Lifetime Learning Institute at Bard College is to provide enriching educational and social experiences in a community of mature adults by offering noncredit and noncompetitive courses under the sponsorship of Bard College; encourage members to volunteer, according to their individual skills and interests; share ideas and experiences with students of all ages.

**ABOUT LLI**

LLI is affiliated with the Road Scholar Institute Network, a national organization that facilitates communication with similar groups. LLI is an all-volunteer, member-run organization that encourages active participation. Our presenters volunteer from our membership, the community, and the Bard faculty. LLI organizes two seven-week semesters, a winter intersession series, and occasional special events.

**DONATIONS, GRANTS, AND INCENTIVES**

- Bard College Conservatory of Music: In 2012 LLI pledged \$25,000 to the Bard Conservatory, to be paid out over a five-year period. This donation was matched by an Andrew W. Mellon Foundation grant.
- Seniors to Seniors: Five graduating students receive grants to help them complete their Senior Projects. A Bard College committee chooses the recipients, who may use the grant in any way they deem necessary. Prior to graduation the recipients make a presentation at a high tea hosted by the members of LLI.
- Bard High School Early College Summer Intern Incentive – Bard's high school in New York City offers selected students the opportunity to graduate high school with two years of college credit. In the summer before their senior year, many of the students participate in unpaid internships. LLI provides a small stipend to four students to pay their expenses during this time.
- Bard Center for Civic Engagement Community Action Awards: In 2013 and 2014, LLI donated \$3,500 to CCE to support student internships, travel, and other costs associated with student research projects related to civic engagement.

**CONTACT**

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**FRIDAY CLASSES****1A. ALTERNATIVE CHOICES IN HEALTH CARE**

**Fridays: 8:30 a.m. – 9:50 a.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

Each class includes a discussion of the options open to the public in the field of alternative medicine. Discussions are framed by evidence-based scientific research and introduced from the perspective of a nurse practitioner. Included are research on the benefits of each modality and its use in addition to, or separate from, allopathic care. A guest practitioner will present a lesson in each of the forms.

*Class limit 30*

**Presenter: Linda Legendre** was a nurse practitioner for more than 30 years in a family practice in southeastern Massachusetts where she provided health care in a traditional medical setting. Because of her strong interest and belief in alternative medicine practices, she also provided information and referrals for acupuncture, homeopathy, massage, Reiki, and meditation.

**Producer: Barbara Post**

**1B. CHAIR YOGA**

**Fridays: 8:30 a.m. – 9:50 a.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

Experience the healing gifts of a gentle chair yoga class. All are welcome, whether familiar with yoga or experiencing this ancient movement practice for the first time. Experience breathing techniques to calm and relax the mind, warm-ups to warm, stretch, and energize muscles, and yoga poses to improve strength, flexibility, and vitality. Each class ends with a rejuvenating relaxation. Chair yoga allows all to work at their own level in a safe and supportive environment.

*Class limit 18*

**Presenter: Susan Blacker (LLI)** began yoga teacher training at Kripalu Center for Yoga and Health and was certified to teach yoga in 2002. She continues to take workshops in Yoga of Heart Cardiac & Cancer, Healing Art of Yoga, Yoga for a Better Back, and Yoga for

Students with Health Challenges. She teaches yoga classes in Woodstock and Saugerties and gentle yoga classes from home.

**Producer: Jane Diamond**

**1C. LET'S TALK ABOUT THE ECONOMY: A NO-HOLDS-BARRED DISCUSSION**

**Fridays: 8:30 a.m. – 9:50 a.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

After reviewing some basic principles of economics, the class will focus on the primary economic problem of our time: satisfying consumer needs in the areas of health care, retirement, taxation, economic growth, the environment, government finance, international trade, and technological change.

**Presenter: Andy Weintraub** was a professor of economics for thirty years, teaching at Lehigh and Temple Universities. He is currently a consulting economist, specializing in forensic issues.

**Producer: Joanne Mrstik**

**1D. THE INTERNET: DESIGN, USE, AND IMPACT**

**Fridays: 8:30 a.m. – 9:50 a.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

This course covers the origins, current operation, and future of the Internet. Topics to be presented include server-user architecture, website fundamentals, the design behind services like cloud storage and social media, and the limits and implications of security, data usage, and connectivity. This class will not teach specific skills but will focus on the science and technology behind the Internet and on the designs and concerns of Internet-based services.

*Class limit 20*

**Presenter: Jono Naito** is a 2013 graduate of Bard College who majored in chemistry. He has taught computing to adults and children; taught and tutored in biology, chemistry, art, and philosophy; and taught a class on game design to fellow Bard students. In the spring of 2014, he taught the LLI Course "Computers for Intermediates."

**Producers: Jane Diamond, Denise Ryan**

**2A. DESIGNING WOMEN****Fridays: 10:10 a.m. – 11:30 a.m.****March 27, April 3, 10, 17, May 1, 8, 15**  
(possibly no class on April 17)

This course consists of seven presentations on the history of women designers of the 19th and 20th centuries. These women designed buildings, furniture, fabrics, ceramics, and in many other areas as well. The class will investigate their careers and production, and discuss why they tend to be forgotten designers. Many of these female designers have been recognized through their male partnerships. Very few of them were recognized as independent designers.

**Presenter: Ward M. Stanley (LLI)** is a retired full professor of the history of art and architecture from the University of the Arts in Philadelphia. He is also a retired innkeeper, from Veranda House in Rhinebeck, NY.

**Producer: Dorothy Baran****2B. THE HARLEM RENAISSANCE AND THE BLUES****Fridays: 10:10 a.m. – 11:30 a.m.****March 27, April 3, 10, 17, May 8, 15**  
(no class on May 1)

The Harlem Renaissance was a dynamic period (mainly the 1920s, but the dates are debatable) when blacks from the United States, the Caribbean and even Africa were drawn to New York's formerly Jewish neighborhood to celebrate their culture. Beginning with Alain Locke's *The New Negro* anthology, the class will explore how key works in visual, musical, and social dimensions influenced the literature. From the Apollo Theater to Langston Hughes's "The Weary Blues," from rent parties to Madam C.J. Walker's beauty parlors, Harlem represented a self-conscious identity for African Americans.

*Class limit 25*

**Presenter: Karen Jahn, Ph.D.**, taught at two liberal arts colleges for more than 20 years. Hearing Robert Johnson sing in 1990 started her on the blues trail to explore the oral tradition, the backbone of African American literature. She has taught and presented on African American music and literature at many conferences.

**Producer: Margaret Shuhala****2C. MUSICAL MASTERPIECES****Fridays: 10:10 a.m. – 11:30 a.m.****March 27, April 3, 10, 17, May 1, 8, 15**

Musical Masterpieces will take a serious look at selections from the American musical theater in a scriptural, rather than a musical, view. The seriousness of lyrics from *West Side Story*, *Oklahoma!* and *Company*, for example, will be listened to in their musical setting and discussed. There is no reading list. (Humming or singing along is encouraged.)

**Presenter: Lou Trapani** is the artistic and managing director of the Center for Performing Arts in Rhinebeck.

**Producer: Claire Luse****2D. THE NARRATIVE POEM****Fridays: 10:10 a.m. – 11:30 a.m.****March 27, April 3, 10, 17, May 1, 8, 15**

Narrative poetry has played a central role in American poetry and continues to do so. The class will look at classical examples of the narrative before turning to its wonderfully varied appearances in contemporary poems. Students will be expected to read poems, and, occasionally, essays by writers and critics. The text is *Legitimate Dangers: American Poets of the New Century*, edited by Michael Dumanis and Cate Marvin.

*Class limit 17*

**Presenter: Lee Gould (LLI)** has published poems, essays, and reviews in *Quarterly West*, *Gay and Lesbian Review*, *Berkshire Review*, *Rusty Toque*, *Salmagundi*, *Bridges*, *Chronogram*, among other journals. Her poems have been anthologized in *Burning Bright*; *Still Against War*; *Poems for Marie Ponsot*; and *A Slant of Light*, *Women Writers of the Hudson Valley*. Her chapbook *Weeds* appeared in 2010.

**Producers: Margaret Shuhala, Cathy Reinis****2E. RELIGION****Fridays: 10:10 a.m. – 11:30 a.m.****March 27, April 10, 17, May 1, 8, 15**  
(no class on April 3)**March 27: Disorganized Religion**

A look at trends in spirituality and how organized religion must blend innovation

and creativity with its own faith tradition to survive.

**Presenter: The Reverend Richard McKeon**, Rector, Episcopal Church of the Messiah, Rhinebeck, NY

**April 10: Islam 101: Shariah Unveiled**

**Presenter: Iskandar Atajanow**, Muslim Chaplain/Adviser, Bard College and Vassar College

**April 17: The Interpretation of the Apocalypse**

**Presenter: The Reverend Bruce Chilton**, Bernard Iddings Bell Professor of Religion; Chaplain of the College; Executive Director, Institute of Advanced Theology, Bard College

**May 1: What do Millennials Make of Religion?**

**Presenter: The Reverend Chuck Kramer**, Rector of St. James' Episcopal Church, Hyde Park, NY

**May 8: A Post-Biblical Scholar's Interpretation of the Bible from the Jewish Perspective**

**Presenter: Rabbi David Nelson**, Visiting Assistant Professor of Religion, Bard College

**May 15: A Liberal Vision of Judaism**

**Presenter: Rabbi Jonathan Kligler**, Senior Scholar, Woodstock Jewish Congregation

**Producer: Barbara Post****3A. CROSSFIRE BETWEEN MEN AND WOMEN****Fridays: 11:50 a.m. – 1:10 p.m.****March 27, April 3, 10, 17, May 1, 8, 15**

The battle of the sexes has been going on since the beginning of recorded time. Books, movies, and treatises have addressed the difficulties of communication between men and women. This course will explore our understanding of the powerful forces that pull us apart and the magnetic forces that bring us together. The class will watch a movie, read some short stories, and discuss our ideas.

*Class limit 20*

**Presenter: Ceil Berlin, LCSW (LLI)** has been a medical manager, educator, and psychotherapist for over 35 years. She is a member of The American Academy

of Psychotherapists and The National Association of Social Workers.

**Producer: Denise Ryan**

**3B. FRANKLIN D. ROOSEVELT: THE MAN AND THE PRESIDENT**

**Fridays: 11:50 a.m. – 1:10 p.m.**

March 27, April 3, 10, 17, May 1, 15  
 (no class on May 8)

**Off-Friday:**

**Tuesday, May 5, 11:50 a.m.– 1:10 p.m.**

Field trip to FDR Presidential Library and Museum Archives in Hyde Park. Each week the presenter(s) will discuss in depth segments of FDR's life. For the May 15 class, participants should read *Franklin and Eleanor* by Hazel Rowley. Purchase of this book is the only cost for the course. All presenters are confirmed, but speakers and dates may be subject to change.

*Class limit 40, with preference given to those not able to take either of the LLI Eleanor Roosevelt courses in the spring of 2013 and 2014*

**March 27: He Rose from His Wheelchair to Lift the Nation from Its Knees**

**Presenters: Linda Bouchey and Al Vinck**, retired educators and independent Roosevelt researchers

**April 3: Franklin Roosevelt: A Farmer in My Native Town**

A discussion of FDR's Hyde Park property. Roosevelt planted trees, and was nurtured by and took great pride from his land.

**Presenter: Kevin Oldenburg**, a lead interpreter at the Roosevelt-Vanderbilt National Historic Sites

**April 10: Roosevelt's Secretary of Labor, Frances Perkins**

A discussion of Secretary Perkins, "The Woman Behind the New Deal"

**Presenter: Christopher Breiseth**, Board Chair of the Frances Perkins Center; past president and CEO of the Roosevelt Institute

**April 17: The Intimate Story of Margaret Suckley and FDR**

**Presenters: Linda Bouchey and Al Vinck**, retired educators and independent Roosevelt researchers

**May 1: Talk with FDR**

Highlights of FDR's speeches from the Depression, New Deal, and World War II eras  
**Presenter: Jonah Triebwasser**, FDR impersonator and Red Hook Town and Village Justice

**May 5: Field trip to Hyde Park, the First Presidential Library and Museum Archives**

**Presenter: Robert Clark**, Deputy Director and Supervisory Archivist, Franklin D. Roosevelt Presidential Library and Museum

**May 15: Discussion of Franklin and Eleanor by Hazel Rowley**

**Presenters: Linda Bouchey and Al Vinck** will lead discussion and answer questions.  
**Producers: Linda Bouchey, Al Vinck**

**3C. HEALTHY AGING AND A HEALTHY YOU**

**Fridays: 11:50 a.m. – 1:10 p.m.**

March 27, April 3, 10, 17, May 1, 8, 15

Six professionals in the disciplines of nutrition, fitness, and health care will provide insights into the natural phenomenon of aging.

*Class limit 50+*

**March 27: Nutrition: There Is Eating and There Is Eating**

**Presenter: Roufia Payman, DT, CDN**, Director, Northern Dutchess Hospital Outpatient Nutrition Education

**April 3: Dental Health: You and Your Smile**

**Presenter: Richard Whelan, DDS**

**April 10: Auditory Health: WHAT?**

**Presenter: Karla Goddard, MA, CCC-A**, Audiologist, Communication Disorders, Mid Hudson Regional Hospital of Westchester Medical Center

**April 17: Dermatology: The Outer You**

**Presenter: Vincent P. Beltrani, M.D.**, Mount Kisco Medical Group

**May 1: Bone and Joint Health: Let's Make No Bones About It**

**Presenter: Jodi Friedman, M.D.**, Medical Director, Center for Healthy Aging, Northern Dutchess Hospital

**May 8: Physical Fitness: JUST DO IT!**

**Presenter: Mike Arteaga**, Mike Arteaga's Health and Fitness Center, Poughkeepsie

**May 15: Nutrition: The Many Faces of Dieting**

**Presenter: Roufia Payman, DT, CDN**, Director, Northern Dutchess Hospital Outpatient Nutrition Education

**Producers: Joyce Carter-Krawczyk, Barbara Herles**

**3D. MAKING MUSIC COME TO LIFE IN DIFFERENT COLORS**

**Fridays: 11:50 a.m. – 1:10 p.m.**

March 27, April 3, 10, 17, May 1, 8, 15

Under the guidance of Joan Tower, Asher Edelman Professor at Bard College, each meeting of this class will feature live performances by students from The Bard College Conservatory of Music and the Music Program at Bard College, focusing on a particular theme for each session.

**Presenter: Joan Tower** is a composer whose music has been performed by most major orchestras and chamber ensembles in the United States. Her music has been described as colorful, rhythmic, and highly visceral. Her Naxos recording, *Made in America*, won three Grammys. She was composer in residence with the Pittsburgh Symphony, St. Louis Symphony and Orchestra of St. Luke's.

**Producer: Jane Diamond**

**3E. READING AND WRITING FAMILY TIES: A CONJUNCTIONS WORKSHOP**

**Fridays: 11:50 a.m. – 1:10 p.m.**

March 27, April 3, 10, 17, May 1, 8, 15

This course investigates the possibilities of family ties as a fertile theme for fiction, poetry, and narrative nonfiction through independent creative work by participants and through readings, discussions, and writing exercises that center around selections from the *Kin* issue of the literary journal *Conjunctions*. Participants should be prepared to share their work with the group and to participate actively and supportively in conversations about work by their peers. No previous writing experience is required.

**Presenter: Micaela Morrissette** is managing editor of *Conjunctions*, Bard's literary journal, and coordinator of the Written Arts Program at Bard College. Her fiction



has appeared in periodicals such as *BOMB* and *Ninth Letter*, and has been anthologized in collections including *The Weird*, *The Pushcart Prize*, *The New Black*, and *Best American Fantasy*.

**Producer: Margaret Shuhala**

### 3F. SUSTAINABLE HUDSON

**Fridays: 11:50 a.m. – 1:10 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

Each week the class hears from a different scientist about an ecological issue that has impact on our lives.

**March 27: Climate Change: We've Been Here Before!**

Learn how climate change in the distant—and not so distant—past has affected flora and fauna.

**Presenter: Tom Lake** is an Estuary Naturalist for the NYSDEC Hudson River Estuary Program and editor of *Hudson River Almanac*.

**April 3: The Fight to Save the River**

The class will view Part 2 of Bill Moyers's PBS documentary, *America's First River*.

**April 10: Invasive species in the Hudson: Current Status, Coming Attractions, Potential Solutions**

**Presenter: Dave Strayer** is a freshwater ecologist at the Cary Institute of Ecosystem Studies.

**April 17: The Green Lie: A Dangerous Illusion Impacting Regional Woodlands**

The history of biological invasions in the Hudson River, their ecological impacts, likelihood of new invasions, and possible management solutions.

**Presenter: Marilyn Wyman** has worked on natural resource and rural community development in the Hudson Valley/Catskill region for over 20 years.

**May 1: Hudson Valley Wetlands: What Do We Have to Lose?**

The many benefits of wetlands, and how local communities can contribute to conserving wetlands for future generations

**Presenter: Laura Heady**, Conservation and Land Use Coordinator with NYSDEC Hudson River Estuary Program, assists Hudson Valley communities with habitat conservation and planning.

**May 8: Respect your Elders! Using Citizens and Science to Study the Mighty Migrants of the Hudson River**

**Presenter: Chris Bowser** coordinates education programs for the NYSDEC Hudson River Estuary Program and the National Estuarine Research Reserve with Cornell University.

**May 15: The River We Imagine: How We Saved the Hudson and Can Again**

**Presenter: John Cronin** was the Hudson Riverkeeper from 1983 to 2000, for which *Time* named him a Hero for the Planet.

**Producer: Anne Brueckner**

### 4A. THE BIBLE'S PATH OF MINDFULNESS PRACTICE

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

Tradition says that the Bible from Genesis through Deuteronomy is a guidebook for achieving equanimity, gratitude, laughter, and openness to whatever life brings. Mindfulness practice is the Bible's major technique for creating this psychological and spiritual state. The class will explore scripture's approach to mindfulness experientially, through discussion and contemplative exercises that engage mind, heart, body, and spirit.

*Class limit 20*

**Presenter: Gail Albert, Ph.D. (LLI)** is licensed psychologist, author, certified teacher of Jewish mystical and meditative practice, and practitioner of Vipassana Insight Meditation. She has facilitated groups for all faiths since 2004. Her third book is *Mending the Heart, Tending the Soul: Directions to the Garden Within*. She was formerly on staff at the Cognitive Therapy Center of New York City.

**Producer: Barbara Post**

### 4B. CHARLES DICKENS'S BLEAK HOUSE

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

The class will read and discuss what many consider to be Dickens's best and most important novel (also a favorite of Dickens's.) *Bleak House* is a 1,000-page mystery story wrapped around a lawsuit,

issues of poverty and charity, love, greed, and murder as seen through the lives of a vast array of characters from all classes living in 19th-century England. Class participation is encouraged and appreciated.

*Class limit 20*

**Presenter: Steven Bassin (LLI)** is an attorney, Federal Court mediator, retired member of the Director's Guild of America, and writer. He has previously taught at Pratt Institute, NYU, and the New School. Last spring he taught "Short American Mystery Fiction" at LLI.

**Producers: Margaret Shuhala, Denise Ryan**

### 4C. THE INFLUENCE OF THE HUDSON VALLEY ON AMERICAN HISTORY AND CULTURE, II

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

This course continues "Influence I," from the fall of 2013: the unique role that the people, land, and river played in shaping U.S. history and culture.

**March 27: Every Day Will Be Sunday When the Town Goes Dry: Prohibition in the Hudson Valley**

Bootleg liquor: how it was made, transported, and sold, and the role of law enforcement in ending Prohibition in the Hudson Valley.

**Presenter: Ellie Charwat**, Vice President for Curriculum, Marist College CLS; author of *Small Town Lawyer: Highlights of Nathan Rubin's Career*, about her father

**April 3: Long Dock and the Influence of the Community of Beacon.**

The history of the Long Dock, a commercial ferry landing, and the subsequent industrial use of the property

**Presenter: Margery Groten**, retired member of the Scenic Hudson effort to protect and preserve the natural and historic heritage of the Hudson Valley

**April 10: Invasive Species in the Hudson Valley**

In the short period of human habitation of the Hudson Valley, the biotic communities have been altered by human presence.

**Presenter: John DeGilio**, retired

Dutchess County science teacher; member of Dutchess County Environmental Management Council

**April 17: Hands that Picked No Cotton: Slavery in the Colonial Hudson Valley**

A synoptic overview of the imagery of slavery across the Hudson Valley with a viable slave society

**Presenter: A. J. Williams-Meyers, Ph.D.**, Professor of Black Studies at SUNY New Paltz; author of *Long Hammering: Forging of an African American Presence in the Hudson River Valley to the Late Nineteenth Century*

**May 1: FDR, The Man About Town**

This session will highlight some of the ways the President left his mark in the valley he so loved.

**Presenter: Jeffrey Urbin**, Education Specialist at the FDR Presidential Library and Museum

**May 8: The Dutch Influence on the World's View of "The New Yorker"**

The world's perception about the character of New Yorkers has its roots in the Dutch heritage of the Mid-Hudson Region.

**Presenter: Marc A. vanderHeyden, Ph.D.**, President Emeritus of St. Michael's College; board member of the Eleanor Roosevelt Center at Val-Kill and Hudson Renewable Energy Institute

**May 15: More Heroes of the Hudson Valley**

Building on the previous course, this session continues to introduce noteworthy citizens of the Hudson Valley.

**Presenter: James E. O'Shea**, Retired Electrical Engineer / Contractor, President of Marist College CLS, local historian

**Producer: Joyce Carter-Krawczyk, Barbara Herles**

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**4D. LOOKING AT PAINTINGS**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

Oil paintings are often lauded as divine manifestations of the human spirit. With love for this medium, this course will analyze those manifestations through explorations of their formal aspects—composition,

color balance, harmony, rhythms, and equilibrium; internal and external elements inherent within the process of resolving a painting; the magic and mystery of the forces involved in the creative process; how materials affect outcome. This interactive course is suitable for artists, art dealers, and all lovers of oil paintings.

*Class limit 30*

**Presenter: Bob Crimi** was born into a family of fresco muralists. He began an apprenticeship when a teen, with his uncle, Alfred Crimi. In his uncle's studio Bob discovered his love of painting. He has painted in oils since then, exhibited extensively throughout the Mid-Hudson Valley and New York City, and been an instructor at the Woodstock School of Art.

**Producer: Barbara Post**

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**4E. SENIOR SCIENCE**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

Today, the sciences are shaping the way our families and we live. What does the future hold? Who will be the next generation of scientists and mathematicians leading the way? To answer these questions, the Bard programs in mathematics and the sciences, in collaboration with LLI, have developed Senior Science. Each week graduating Bard students will present their Senior Projects and engage in conversation with class members. Participating programs include computer science, psychology, mathematics, molecular biology, physics, and environmental science.

**Presenters: Bard College seniors**, selected by the faculty head of their respective math or science program. Students' names and topics will be sent to course registrants prior to each class.

**Producers: Jane Diamond and Joanne Mrstik**

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**4F. A TREASURY OF WONDERFUL MUSIC**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

A variety of musical classes will be presented, with films when possible. Topics are 1) Music and Musicians under the Third

Reich; 2) Tchaikovsky: Myth and Reality; 3) Singers We Should Remember: From Mattia Battistini to Lucia Popp; 4) Was Carlos Kleiber the Greatest Conductor? 5) Donizetti: Wonderful Operas, Miserable Life; 6) "Rhapsody in Blue": The Best and Worst Versions; and 7) Memorable Musical Premieres.

**Producer: Warren Boroson (LLI)** is a journalist who has written extensively on music. He has interviewed Joshua Bell, Itzhak Perlman, and other noted musicians. He has taken many music courses, including one with composer Henry Cowell. Boroson has taught at The New School, Ramapo College, and Bergen Community College. He has taught LLI classes at Bard and at Marist Colleges.

**Producer: Dorothy Baran**

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**5A. THE FAIRY TALE EXPERIENCE**

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

A close look at fairy tales and the part they have played in our lives. Reunite with old storybook friends— Cinderella, Beauty and her Beast, the Snow Queen, and others—and make new ones as the class examines tales from around the world and considers the many possible meanings they hold, for children and adults. In the process participants will discover what mattered to them then and how that has shaped and colored life up to the present.

*Class limit 16*

**Presenter: Patty Kane Horrigan** is a writer, teacher, and counselor whose fairy tale classes help others find deeply personal riches. She encourages others to explore those magical moments from childhood.

**Producer: Margaret Shuhala**

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**5B. FREDERIC EDWIN CHURCH'S WORLD OF DISCOVERY: OLANA AND BEYOND**

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

This course introduces the 19th-century concept of artist-explorer using Church as primary example and discussing other artists who also traveled extensively throughout the world. Illustrated lectures introduce

contemporary ideas regarding the burgeoning fields of science, and artists' specific contributions. Various locales, their exploration, and depiction will be discussed, including South America and the Arctic, Middle East, Far East, and American West. The course culminates with a discussion of Olana as representing all of these influences in one holistic vision.

**Presenter: Valerie A. Balint** is Associate Curator of Olana, the historic home and studio of 19th-century landscape painter Frederic Edwin Church. She is a frequent lecturer on Church, Olana, and Hudson River School artists. She coauthored *Glories of the Hudson: Frederic Edwin Church's Views from Olana* (2009), and co-curates Olana's annual exhibitions. She holds an M.A. in public history.

**Producer: Dorothy Baran**

### 5C. PHOTOGRAPHY SEMINAR (BEGINNER / INTERMEDIATE LEVEL)

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

This discussion-based class, geared to serious hobbyists, will address the following areas: basic understanding and techniques involved with image capture and computer enhancement, improved camera skills, image review, and specific needs of class participants. Enrollees must have access to some type of digital camera, which can include a camera phone, and to a thumb drive in order to bring downloaded images to class for display and discussion.

*Class limit 15*

**Presenter: Glenn deWitt** is a self-taught, regional and international award-winning photographer who lives and works in the Hudson Valley. He has exhibited his work in Europe, South America, and New York City. From his years of teaching, he has maintained an interest in sharing his skills and experience with other photography enthusiasts. He taught "The Self-Taught Photographer" for LLI in the spring of 2013.

**Producer: Joyce Carter-Krawczyk**

### 5D. SCIENCE POTPOURRI 2015

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

A variety of topics in science and mathematics from presenters, including LLI students, who are sharing their interest in the field.

#### **March 27 and April 3: Origins and Evolution of Organic Chemistry**

Organic chemistry provides an understanding of the chemical nature of life's processes, including structure, synthesis, and chemical activity.

**Presenter: Paul McLaughlin, Ph.D. (LLI)**, has worked in the pharmaceutical industry and teaches chemistry part-time at local colleges.

#### **April 10: BIG DATA for BIG Decisions**

A survey that examines the changes in data collection and analysis for decisions in marketing, economics, and medicine.

**Presenter: Caroline Paulson (LLI)** had a career working with early versions of BIG DATA in the industries of finance, publishing, and petroleum.

#### **April 17: Spicy Geometrics**

With student participation, this class will illustrate tantalizing geometrical constructions, from familiar conic projections to a remarkable surprise theorem.

**Presenter: Yoram Gelman (LLI)**, S.B., S.M. (Physics) University of Chicago; Ph.D. (Economics) New York University

#### **May 1 and 8: Cosmology**

The sessions will explore the discovery of other galaxies, the expansion of the universe, and evidence of the big bang.

**Presenter: Helen Hayes** is retired from Marist College, where she taught computer science. She taught Cosmology at LLI in 2009–10.

#### **May 15: Where Did We Come From?**

What is life, and how did it arise on earth? This lecture will describe possible scenarios.

**Presenter: Henry Halama** is retired from Brookhaven National Laboratory, where he designed accelerators for high-energy subatomic particles.

**Producer: Bill Tuel**

### 5E. SEEING DIFFERENTLY: READING TO WRITE

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 27, April 3, 10, 17, May 1, 8, 15**

This is the fifth course in the "Seeing Differently" series. In "Reading to Write," participants continue to read one poem each week, using noticing and other strategies to delay their cultural (or perhaps human) need for instant interpretation. That delay allows the class to explore, examine, and play with a poem's complexity. This reading will provoke and inform in-class writing. (This is not a writing course; no prior experience with writing is necessary.)  
*Class limit 15*

**Presenters: Barbara Danish** was director of the Writing Center at NYU and adjunct associate professor in the Art and Design Education Department at Pratt Institute.

**Laura Brown** holds an M.F.A. degree and is managing director of JSTOR, an online system for archiving academic journals.

**Producer: Ellen Foreman**

## OFF-FRIDAY COURSES

### 6A. DO MOVIES MATTER? A FILM DISCUSSION CLASS

**Thursdays: 3:00 p.m. – 5:30 p.m.**

**4 Sessions: April 23, 30; May 7, 14**

Do movies provide only entertainment, or can they influence thinking, affect feelings, alter perceptions of the world, challenge assumptions, and even change actions? Discussion—lively and respectful—will follow four provocative films. Participants should plan to stay for the discussion.

*Class limit 50*

**Presenter: Ellen Foreman, Ph.D. (LLI)**, is always interested in stimulating discussion. She has been a theater critic in London and New York City and has designed and taught interdisciplinary courses at CUNY Queens College; SUNY Purchase; Antioch M.A. Program, London; and Hiroshima College, Japan.

**Producer: Ellen Foreman**

Mail form to: **LLI Registrar, PO Box 745, Rhinebeck, NY 12572**

Registration form must be postmarked by **FEBRUARY 10, 2015.**

Check if there is new information

Please Print

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address City State Zip

\_\_\_\_\_  
Phone E-mail

I would like to take a total of \_\_\_\_\_ Friday courses and \_\_\_\_\_ Off-Friday courses.

On the lines below, **write in the numbers of the two courses you most want.** We will do everything possible to give you your preferred classes. **First preference is given to active member volunteers who participate regularly in the operation of LLI.**

1. \_\_\_\_\_ 2. \_\_\_\_\_

Below, write in the **numbers** of your two choices for each period. If you have no interest in a class for a period, leave it blank.

	1st Choice	2nd Choice
Friday First Period 8:30-9:45		
Friday Second Period 10:10-11:30		
Friday Third Period 11:50-1:10		
Friday Fourth Period 1:30-2:50		
Friday Fifth Period 3:10-4:30		
Off-Friday Courses		

- 1. CLASS CHOICES:** First choices cannot always be accommodated. If possible, please request a second choice.
- 2. FILL OUT THE FORM COMPLETELY:** Filling out the form as requested maximizes the chance that you will get the classes you want. We may not be able to contact you to clarify any ambiguities.
- 3. CLASS SIZE:** The presenters, and the capacities of available rooms determine the size of each class. **Please do not request class admission from class presenters.**
- 4. NEW SCHEDULE:** We no longer have a fixed lunch period. Please adjust your class requests to account for your lunch requirements. Please remember that food is not permitted in classrooms.
- 5. ADD-DROP CLASSES:** The registration confirmation correspondence will contain the location, dates, and times for changing classes.
- 6. QUESTIONS:** Questions and feedback may be directed to [lli@bard.edu](mailto:lli@bard.edu) or the LLI phone line 845-758-7314.



## 6B. HORSES OF THE HUDSON VALLEY

**Wednesdays: 10:00 a.m. – end time varies**

**6 Sessions: April 1, 8, 15, 29; May 6, 13**

An introduction to the broad range of equine-related businesses and disciplines that make the Hudson Valley their home. Each week the class will travel to a different location, including an art gallery, artist's studio, equine veterinarian, several breeding farms, horse rescue facility, and stables that feature equine disciplines. At each venue participants will learn some history about the specific location, discipline, or business.

*Class limit 25*

**Presenter: Juliet Harrison** is a fine art photographer, director of an international equine art competition, and owner of the Equis Art Gallery. She has an MFA in photography from the Cranbrook Academy of Art. A lifelong horse lover, she has immersed herself in the equiculture of the Hudson Valley from the track at Saratoga to local draft horse farming events.

**Producer: Dacie Kershaw**

## 6C. INTRODUCTION TO CYCLING

**Thursdays: Noon – 2:00 p.m.**

**4 Sessions: April 2, 9, 16; May 7**

Classes will be devoted to developing riding skills, including safety, rules of the road, equipment maintenance, and simple repairs. Requirements are a bicycle in a decent state of repair, helmet, and transportation to and from ride site. The first class will be on safety and bicycle repair. Thereafter, rides will generally be on rail trails or lightly traveled country roads with only gentle climbs and descents. Distances will be 10 to 20 miles. Routes will be determined and announced after registration.

*Class limit 15*

**Presenter: George Jahn** is a lifelong cyclist who has maintained his personal (ever-changing) fleet of bikes for 50 years. He has completed numerous Century Rides and is excited about sharing his love for this healthy, economical, and clean form of transportation.

**Producers: Joanne Mrstik, Margaret Shuhala**

## 6D. LLI HIKING

**Wednesdays: 9:30 a.m. – 2:00 p.m.**

**5 Sessions: April 8, 15, 22, 29; May 9**

Because of weather and the effects of winter, spring hikes are shorter and held at lower elevations than in the fall. Weather conditions may make slight changes in hikes. Each hike will have two leaders. Hikes include Bard College campus and on to Tivoli; Roosevelt National Historic Site and on to Val-Kill; walking at Olana State Historic Site with optional docent-led tour; Lake Minnewaska (Castle Point and Lake Awosting); and Overlook Mountain.

**Presenter: Jon Wechsler (LLI)** lives in Rhinebeck and produced courses for LLI in 2012 and 2013. The course co-leaders are Donn Critchell, Joanne Mrstik, Marion Power, Arthur Stein, Jon Wechsler, and Diana Ziegenfelder. All are LLI members, and avid walkers and hikers.

**Producer: Jon Wechsler**

**MEMBERSHIP & FEES:** Annual membership is \$125 per person, non-transferable. The current membership year runs from September 2014 through August 2015. Members may take two courses per semester, more if available. Only LLI members may attend classes. Members may not bring guests to classes or Off-Friday trips. Membership fee does not include books, transportation, entrance fees, or use of the Stevenson Gym.



# Lifetime Learning Institute

Lifetime Learning Institute

PO Box 22

Annandale-on-Hudson, NY 12504-0022

## SPRING 2015 CURRICULUM COMMITTEE

Anne Sunners, *Chair*

Irene Esposito, *Secretary*

Dorothy Baran

Bob Blacker

Anne Brueckner

Joyce Carter-Krawczyk

Jane Diamond

Dacie Kershaw

Claire Luse

Amy Messing

Joanne Mrstik

Barbara Post

Cathy Reinis

Froma Rogoff

Denise Ryan

Margaret Shuhala

Bill Tuel



# 2015

# SPRING



Bard College

# Lifetime Learning Institute

## COURSE SCHEDULE AND INDEX

Friday Class Dates: March 27, April 3, 10, 17, May 1, 8, 15

COURSE	FIRST PERIOD 8:30 a.m. – 9:50 a.m.	PAGE
1A	Alternative Choices in Health Care (multi-presenter)	1
1B	Chair Yoga	1
1C	Let's Talk About the Economy	1
1D	The Internet: Design, Use, Impact	1
<b>SECOND PERIOD 10:10 a.m. – 11:30 a.m.</b>		
2A	Designing Women	2
2B	Harlem Renaissance and the Blues (no class May 1)	2
2C	Musical Masterpieces	2
2D	Narrative Poem	2
2E	Religion (multi-presenter)	2
<b>THIRD PERIOD 11:50 a.m. – 1:10 p.m.</b>		
3A	Crossfire: Men and Women	2
3B	Franklin D. Roosevelt (multi-presenter)	3
3C	Healthy Aging and a Healthy You (multi-presenter)	3
3D	Joan Tower Makes Music Come to Life	3
3E	Reading and Writing Family Ties	3
3F	Sustainable Hudson (multi-presenter)	4
<b>FOURTH PERIOD 1:30 p.m. – 2:50 p.m.</b>		
4A	Bible's Path of Mindfulness Practice	4
4B	Charles Dickens's <i>Bleak House</i>	4
4C	Hudson Valley Influence, II (multi-presenter)	4
4D	Looking at Paintings	5
4E	Senior Science (multi-presenter)	5
4F	Treasury of Wonderful Music	5
<b>FIFTH PERIOD 3:10 p.m. – 4:30 p.m.</b>		
5A	Fairy Tale Experience	5
5B	Church's World of Discovery: Olana and Beyond	5
5C	Photography Seminar (beginner/intermediate)	6
5D	Science Potpourri – 2015	6
5E	Seeing Differently: Reading to Write	6
<b>OFF-FRIDAY</b>		
6A	Do Movies Matter?	Thursdays, 3 p.m. – 5:30 p.m.
		April 23, 30, May 7, 14
6B	Horses of the Hudson Valley	Wednesdays: 10 a.m.
		End time varies. April 1, 8, 15, 29, May 6, 13
6C	Introduction to Cycling	Thursdays: Noon – 2 p.m.
		April 2, 9, 16, May 7
6D	Hiking	Wednesdays and one Saturday: 9:30 a.m. – 2 p.m.
		April 8, 15, 22, 29, May 9

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